## **Purpose and Goal-Based Task Analysis**

| List Things You Do                      | Importance (A, B, C) | Fun/Relaxing | Necessary | Interesting | Satisfying | Meaningful |  |  |
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| Lister V W st D OI IID                  |                      |              |           |             |            |            |  |  |
| List Things You Want to Do or Should Do |                      |              |           |             |            |            |  |  |
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