

Live/Work/Serve With Purpose...Heart, Mind, Body and Soul

The Path to Purpose	Key Elements	Skill Definition
Know Yourself Deeply <i>Mine for Personal Gold</i>	Strengths	I know my talents and strengths. I know my uncommon skills.
	<u>Beliefs</u>	I monitor my self-talk and can turn negative thoughts into positive ones.
	Values	I know my values, especially those that are "core" (where I won't compromise).
	<u>Roles</u>	I know my life roles and have goals or plans to support them.
	Desires	I know my "legitimate" needs.
	<u>Purpose</u>	I can discern and articulate my life purpose and have a purpose statement that highlights "who I am".
	<u>Vision</u>	I have a vision of my life that guides me in positive and energizing ways. I "see" my ideal future.
Develop a Life Plan <i>Have a documented plan</i>	Mission	I have a personal mission statement, guiding me in "what I do".
	<u>Goals</u>	I can envision short and long-term goals...personal, family, school/work, financial, spiritual, social, etc.
	<u>Career Plan</u>	I understand the career planning process and can develop a personal action plan that leads to a satisfying career.
	Long-term Budget	I have a 12-month and 20 year cashflow plan that links to my personal and financial goals
	<u>Discipline</u>	I can motivate myself to accomplish the important tasks in my life, directing me toward my goals.
	Structure	I have support systems that help me stay focused or get back on track when there are competing demands on my time.
Live to Your Potential <i>Live intentionally</i>	Rhythm & Process	I can develop routines and personal systems.
	Life-Long Learning	I learn new things regularly (understanding that "I don't know what I don't know").
	<u>Time Management</u>	I can plan and accomplish "A" priority (important) tasks to meet commitments.
	Action	I can develop and implement a task plan to achieve goals. I routinely accomplish my "A" priority work.