

## Smart Shopper Exercise

For each of the following spending areas, list 3-5 things you might do to be a smart shopper.

This exercise is intended to take about 15 minutes including discussion. Ask the participants to write down actions they can take to be a smart shopper. Remember that *Smart Shoppers* know how to buy the right things at best value. See example answers on page 2.

Transportation	Food	Clothes

**Exercise 2 Example Answers:**

<b>Transportation</b>	<b>Food</b>	<b>Clothes</b>
Look at "Blue Book"	Keep a price list	Don't be in a hurry
Get car inspected	Clip coupons	Shop with a list
Don't be in a hurry	Cook your own meals	Check on-line prices
Buy from an individual, not a dealer	Shop with a list	Buy kids clothes a little large
Have a good credit score	Watch your receipt (pricing errors)	Buy clothes with easy care
Car pool	Shop alone	Buy store brands
Take the bus	Eat your calories in food, not drink	Watch for sales
Find a friend to help repair	Buy store brands	
	Eat leftovers	